

## Regional Student Advisory Committee Meeting

December 18, 2024

The Regional Student Advisory Committee meeting was held on December 18, 2024, at the CBVRCE Regional Office. We had a comprehensive discussion addressing various student concerns and proposed recommendations.

Students discussed student well-being during exams, and they proposed promoting the "Head Strong" initiative, providing snacks, and sharing information about the Kids Help Line to support students. The committee also emphasized the importance of impromptu group conversations during class time instead of strictly adhering to a rigid classroom format. There were concerns about excessive group projects and the lack of support for the Physical Active Framework in many classrooms.

Students also expressed their appreciation for school trips and encouraged the continuation of allowing teams and other school groups to travel. However, several issues related to the school environment were raised. These will be shared with high school principals.

Students made suggestions to improve the overall environment of their schools. These suggestions included adding murals and vivid images in the Health Center, updating flags and banners in the gym, and addressing accessibility through education on autism spectrum disorders and ensuring the functionality of wheelchair lifts. The committee also discussed the underutilization of lockers and the better use of space. A positive recommendation was made to create a men's group alongside the existing women's program.

Practical matters were also addressed, such as the need for maintaining water filters versus purchasing expensive bottled water, and concerns about the large presence of energy drinks being brought into the school. It was recommended that schools educate students on the content and effects of energy drinks.

For student development, ideas included a resume-building workshop and incorporating more demonstrations and examples in learning. The committee noted a lack of involvement from a diverse demographic of students, which could lead to narrow perspectives in groups and committees.

Students also discussed the strictness of the cell phone policy, issues with students skipping classes and violence in schools. Lastly, students expressed concern over teachers making video recommendations for classes, which are being blocked by our firewalls.

All suggestions will be brought to high school principals and appropriate regional staff.